



Celebrating 150th
Birth Anniversary of
Sri Aurobindo



Women Development Cell
organizes

5 Days

Life Skills Awareness Program

For Housekeeping & Female Staff

Pre - Event to International
Women's Day - 2023

13th to 17th Feb, 2023



Chairperson, WDC:

Dr. Monika Suri
(Associate Dean Academics, AURO University)

Organizing Committee:

Ms. Juhi Khengar | Dr. Keren Khambhata | Ms. Rinky Desai
(Members, Women Development Cell, AURO University)

Event Partners:





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5 days Life Skills Awareness Program Schedule

Sr No	Name of the Event	Name of the Resource Person	Department	Time	Date & Day	Coordinators (WDC Members)
Day 1						
1	Inaugural	Ms. Shweta Daniels	Head, IUCAW	3:30 to 4:00 pm	13th February, Monday	Ms. Shreya Mathur / Ms. Amita Singh
2	Self-Defense Workshop	She Team, Surat Police	Surat Police	4:00 to 4:30 pm	13th February, Monday	Ms. Shreya Mathur / Ms. Amita Singh
Day 2						
1	Self - Hygiene & Health Checkup	Dr. Asha Sailor - Health Officer, SMC	SMC	3:30 to 4:30 pm	14th February, Tuesday	Ms. Veena Vaishy & Ms. Amita Singh

Day 3

1	Self - Hygiene & Health Checkup	Mr. Sandeep	Nirmal Hospitals	3:30 to 4:00 pm	15th February, Wednesday	Dr. Priya Rajkumar
2	Basic Communication	Mr. Punit Pathak & Ms. Misha Shroff	School of Liberal Arts	4:00 to 4:30 pm	15 th February, Friday	Ms. Vaishali Bhatt

Day 4

1	Legal Awareness	Ms. Pooja Parikh	School of Law	3:30 to 4:00 pm	16th February, Thursday	Ms. Arpita Yadav
2	Digital Frauds / Awareness on Technology & its Usage	Mr. Dhaval Thaker & Ms. Juhi Khengar	School of Information Technology	4:00 to 4:30 pm	16th February, Thursday	Ms. Juhi Khengar

Day 5

1	Banking Schemes for Rural Development & Awareness on Digital Frauds	Mr. Fenil Panwala	Kotak Bank	3:30 to 4:00pm	17th February, Thursday	Ms. Juhi Khengar
2	Valedictory & High Tea by CYM	Dr. Monika Suri	Associate Dean Academics & Chairperson WDC	4:00 to 4:30 pm	17 th February, Friday	Ms. Rinky Desai

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